

**First Session:**

- Water Games
- Soccer skills
- Football skills
- Dodge ball
- Capture the Flag
- Track & Field
- Team Building Activities
- Relays
- Obstacle Courses
- ...AND MORE!!!

**Second Session:**

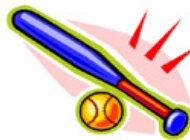
- Basketball skills
- Kickball
- Wiffle-Ball - T-Ball
- Volleyball skills
- Crazy Races
- Soccer skills
- Coordination Activities
- Conditioning
- Water Games
- ...AND MORE!!!

# After School Sports Club

## Wednesdays

3:05 p.m. - 4:05 p.m.  
(Kindergarten - 5th grade)

Session 1: Aug. 30- Dec. 10  
Session 2: Jan. 10 - Apr. 29



### Cost & Details...

- \$240.00 per semester
- Bring a towel, clothes and shoes that can get wet during the first & last few weeks of classes!
- Wear tennis shoes and comfortable uniform clothing on sports club days. Students may change if needed.
- Students will meet the Sports Coach in the courtyard after school at 3:00 p.m. Parents must pickup their child at the end of class at 4:05 p.m. at the front gate.

*The Sports Club is a great way to become more physically fit, build physical agility, endurance and prepares students for future sports teams! Come join us for some fun co-ed physical activities that will get your heart pumping! Students will be coached on the basic skills by playing sports and games in a positive environment. No one sits on the bench, EVERYONE plays! Our focus is on building skills, enhancing technique, having fun, teamwork, creating healthy habits, and encouraging good sportsmanship.*

### REGISTER ONLINE:

<https://arizonainstruction-sfx.jumbula.com>

