

St. Francis Xavier School

After School Enrichment

1st Trimester
2019-2020

St. Francis Xavier School is excited to continue offering our After School Enrichment Program! For Preschool through 8th grade, there is a diverse array of extracurricular activities designed to foster students' creativity, health, and academics!

**These enrichment programs begin on
August 26th and will run through October 31st!**

Important Dates

8/10/2019 - Enrichment Enrollment Opens
Week Of 8/26/2019 - Enrichment Classes Begin
Week Of 10/31/19 - Enrichment Classes End

Enrollment

All classes have limited space available and will be filled on a first come, first served basis. Students will not be considered enrolled until all fees are paid in full. St. Francis Xavier School reserves the right to cancel classes with low enrollment.

Registration Fees

In addition to the individual course fees, there will be a \$20.00/trimester registration fee applied to your FACTS account.

Tuition

Each class is priced individually. The class price is listed below the course description in the catalog.

Cancellation

There will be **no refunds for any reason** for enrichment classes after students have been enrolled.

Pick-Up Policy

Please pick your child up at the front gate! Students must be picked up within 5 minutes of the end of their Enrichment class or they will automatically be signed in to After Care.

If you are picking your child up after 4:20 (5 minutes after the end of the class), please go to the front office. After Care is available daily (M-Th) until 6:00pm at an additional hourly cost. For questions about After Care, contact Lexi Good at Lexi.Good@sfxphx.org.

Class Times

All classes run from 3:15-4:15. **Students must be picked up at the front gate by 4:20 or they will be signed into After Care.**

How To Sign Up For Enrichment Programs:

Step One: Check out all of the fun classes in the course catalog below!

Step Two: Visit <http://school.sfxphx.org/enrichment> to complete the registration form and choose your classes! You must complete this process for each child you wish to register.

Step Three: Your FACTS account will be charged for the classes selected.

If you have any questions or concerns, please email Lexi Good at Lexi.Good@sfxphx.org

Enrichment Schedule

Preschool and Kindergarten	1st and 2nd Grade
Monday *JumpBunch Sports and Fitness for Kids *Drawing, Arts, and Crafts *Golf Squad (Kindergarten – 8 th Grade)	Monday *Drawing, Arts, and Crafts *Golf Squad
Tuesday *Cheer and Dance Combo *Crazy, Cool Science (Kindergarten-5 th grade only)	Tuesday *Cheer and Dance Combo *Crazy, Cool Science *JumpBunch 60 Second Challenge
Wednesday *JB Sports Soccer Clinic (Preschool & Kindergarten only) *Yoga	Wednesday *Young Chef's Academy *Yoga
Thursday *Superhero Training (Preschool-1 st Grade) *Chess Club (Kindergarten – 8 th grade only) *Storybook STEAM	Thursday *Superhero Training (Preschool-1 st Grade) *Chess Club

3rd-5th Grade	Junior High (6th-8th)
<p style="text-align: center;">Monday</p> <ul style="list-style-type: none"> *Drawing, Arts, and Crafts *Golf Squad 	<p style="text-align: center;">Monday</p> <ul style="list-style-type: none"> *Golf Squad
<p style="text-align: center;">Tuesday</p> <ul style="list-style-type: none"> *Cheer and Dance Combo *Crazy, Cool Science *JumpBunch 60 Second Challenge 	<p style="text-align: center;">Tuesday</p>
<p style="text-align: center;">Wednesday</p> <ul style="list-style-type: none"> *Young Chef's Academy *Yoga 	<p style="text-align: center;">Wednesday</p> <ul style="list-style-type: none"> *Yoga
<p style="text-align: center;">Thursday</p> <ul style="list-style-type: none"> *Chess Club 	<p style="text-align: center;">Thursday</p> <ul style="list-style-type: none"> *Chess Club

Course Descriptions

Cheer and Dance Combo

This is a FUN Cheer & Dance Combo Class! The girls will learn fun dances that focus on Jazz, Hip Hop, Pom, Social Dancing, Rhythm Concepts, and so much more! The other half of the class will be spent on building basic cheerleading abilities, such as cheers, chants, arm angles, crowd encouragement skills, basic tumbling and an emphasis will be placed on positive leadership development! Students will gain better coordination, flexibility, balance, self-discipline, stage presence and confidence through this class!

Cost Per Trimester: \$210

Chess Club

Chess Emporium teaches a fun and exciting introduction to the game of chess. All students are welcome in the chess club, which begins by teaching students how to play the game, chess openings, tactics, and endgames. It does all of this while allowing students to practice with their friends! Studies by major corporations and universities have shown that chess can help students increase their math and verbal skills, as well as their creative thinking abilities. Chess provides helpful insights into mathematics, visualization, analysis, and writing skills.

Cost Per Trimester: \$149

Crazy, Cool Science

Do you love science? Do you love finding out how things work? Come join Crazy, Cool Science! Each week, students will engage in a new hands-on exploratory learning activity! Topics include Earth Science, Biology, Chemistry, and Physics, ALL taught in a fun way that kids love and understand! There are new activities and experiments each week covering a different topic!

Cost Per Trimester: \$250

Drawing, Arts, and Crafts

Our curriculum will give your child a great foundation for his or her creative and artistic endeavors! Students will enjoy using paint, glue, glitter, scissors, construction paper, ordinary household items and so much more! Children will learn basic techniques about drawing and crafting, while developing fine motor skills and having FUN!

Cost Per Trimester: \$195

Golf Squad

Golf Squad is for both new and continuing students and provides weekly opportunities for your child to learn social skills required for your student to enjoy golf, the clubs, and golf course vocabulary, etiquette, rules, history, etc. All classes are taught under the instruction of a PGA professional. Golf is a very challenging and fun sport that can lead to great opportunities in the future! Start early and start now! This is a great activity for boys and girls! Course fee includes a hat and a book. The final class is a 2-hour session!

Cost Per Trimester: \$202

JumpBunch 60 Second Challenge

Brought to you by renowned children's sports & fitness experts JumpBunch, 60-Second Challenge is an exciting and different program that will keep everyone smiling from start to finish. Each week, students work through 6 or 8 new challenges, usually in teams of two. Players earn points and compete to be the day's winning team by completing the activities in 60 seconds or less. It is a little competitive, sometimes even a little silly, but each activity is carefully crafted to sharpen fine and gross motor skills, encourage teamwork and problem-solving skills. Oh yeah! The best part is that it is outrageously fun!

Cost Per Trimester: \$187

JumpBunch Sports & Fitness For Kids

This fun and lively class gets students moving with a new sport or fitness activity each week. With over 70 different lesson plans, there is something for everyone. Activities include sports such as soccer, football, track & field, handball, and badminton as well as age appropriate fitness activities such as hopscotch, parachute, obstacle courses, and much more! Classes help children develop coordination, motor skills, muscle development, body balance, and agility. Teaching will consist of constant praise and encouragement enabling students to build confidence and interest in physical activity, while promoting healthy fitness and nutrition habits. All classes are taught in a safe, non-competitive environment and available for students in preschool to 1st grade. Please visit jumpbunch.com for additional information.

Cost Per Trimester: \$150

Soccer Clinic by JB Sports

Does your kid love soccer or are you simply looking to introduce him or her to this popular worldwide sport? Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing, and throw-ins. Classes are taught in an age-appropriate, positive manner, and always begin with fun and exciting warm-ups. Soccer is a great way to keep children active and moving. Come join our soccer clinic and get your child in the game!

Cost Per Trimester: \$169

Storybook STEAM

In this class, students will journey beyond the pages of favorite childhood books and engage in a variety of STEAM activities. STEAM incorporates science, technology, engineering, art, and math in fun, new ways that children can understand and enjoy. Each week, we will read a different book and partake in activities that explore the different themes found throughout the story.

Cost Per Trimester: \$115

Materials Fee: \$50

Superhero Training

This class is all about training to be your favorite superhero! To be a superhero means having strength, agility, balance, and speed. We focus on learning special superhero training skills through fun games and activities such as **“jumping over hot lava”**, **“dodging fireballs”**, **“lightsaber training”**, **“scooter flying”**, **“ghostbuster tag”**, and so much more! Being a superhero also means having a compassion for society, a kind heart, and a willingness to do good and help others. These are qualities we discuss and talk about with our students. This class really encourages kids to be a superhero in everyday life!

Cost Per Trimester: \$169

Yoga

This class is a total workout for both body and mind! The class will revitalize the body, relax the mind, and reduce stress. The class is made up of a consistent flow of smooth poses and stretches that help one focus on flexibility, balance, coordination, core strength, cardiovascular fitness, and overall well-being. Yoga is a perfect way to end the school day and suitable for all levels.

Cost Per Trimester: \$190

Young Chef's Academy

In this fun class, kids will be learning to cook a variety of foods, from desserts to dinners, while having fun with other chefs in the making. Come make some delicious treats with your friends! Students will leave with a cookbook full of all of the recipes they used!

Cost Per Trimester: \$120

Materials Fee: \$40