



Hungry Wolf Café

September 2022

 Magnificent MONDAY	 Taco TUESDAY	 Worldly WEDNESDAY	 Thankful THURSDAY
	30 Celebrate Food Service Workers Day on 9/23/22!!!	31	1 Pepperoni Pizza Greek Salad Fresh Fruit Baby Carrot w Ranch
5 NO SCHOOL	6 Beef Birria Quesadilla Tortilla Soup (for dipping) Black Beans with Corn Chips and Guacamole Seasonal Fruit	7 Fettuccine Alfredo (meatless) Caesar Salad Steamed Broccoli and Baby Carrot Seasonal Fruit	8 BBQ Chicken Sandwich on Wheat Bun Green Beans Sweet Potato Tots Seasonal Fruit
12 Grilled Ham and Cheese Tomato Bisque *contains cream Oyster Crackers Veggie sticks w Ranch Seasonal Fruit	13 Roasted Veggie Quesadilla Pineapple Salsa Black beans N Rice House made Salsa Seasonal Fruit	14 Turkey Club Wrap (Turkey Bacon) Garden veggie soup Seasonal Fruit	15 Burger Day! 100% beef burger Oven-Fries Seasonal Fruit
19 Breakfast For Lunch Maple Sausage, Egg and Cheese Sandwich on English Muffin Home Fries Seasonal Fruit	20 Carnitas Street Tacos Pinto Beans Cilantro Rice Guacamole/Salsa Seasonal Fruit	21 Chicken Parmesan Over wheat pasta Garlic Toast Spinach, Tomato and Feta Salad Seasonal Fruit	22 Brown Sugar Salmon Steamed Green beans with Sun Dried Tomato Brown Rice Pilaf Seasonal Fruit
26 Hot Diggity Chili Dogs All Beef Dogs Sun Chips Veggie Sticks Seasonal Fruit	27 Chicken Burrito Chicken, Refried Beans, Cheese in Mild Green Sauce Yellow Rice Salsa and Guacamole Seasonal Fruit National Chocolate Milk Day!	28 Macaroni and cheese Roasted Broccoli and Cauliflower Crunchy Chickpeas Seasonal Fruit	29 Hungry Wolf Bites Sweet Potato and French Fry Mix Edamame Salad Seasonal Fruit