



Attention fifth through eighth grade student athletes and parents! Girl's volleyball and boy's flag-football tryouts will take place the week of August 19th. All the after school sports forms can be found on the [SFX website](#). You must have an updated sports physical turned in to the PE department before you are eligible to tryout and begin practice. Please turn your sports forms in to Coach Stryczek ASAP!

5th and 6th grade boys flag football and 5th and 6th grade girl's volleyball players will **tryout Monday August 19th and Wednesday the 21st from 3:15-4:30.**

7th and 8th grade boys flag football and 7th and 8th grade girl's volleyball players will tryout **Tuesday August 20th and Thursday the 22nd** from 3:15-4:30.

Athletes are only required to attend one day of tryouts but are encouraged to come to both days. Volleyball will take place in the gym and football will be on the SFX north field.

St. Francis won more championships than any other school in the CYAA last year and we're looking forward to another fantastic year of after school sports. Go Wolves!