

# ARIZONA INSTRUCTION

AFTER SCHOOL ENRICHMENT CLASSES & CLUBS

<https://arizonainstruction-sfx.jumbula.com>

**REGISTER BY AUGUST 22 & JANUARY 9**



## Drawing, Art & Crafts



Our curriculum will give your child a great foundation for his or her creative and artistic endeavors! Students will enjoy using paint, clay, glue, glitter, scissors, construction paper, ordinary household items and so much more! Children will learn basic techniques about drawing and crafting, while developing fine motor skills and having FUN!



*MONDAY --- 3:05 PM TO 4:05 PM*

## Crazy Cool Science



### PHYSICS

- ~Centripetal Force Tops
- ~Aerodynamics
- ~Stem Challenges
- ~Circuits

### CHEMISTRY

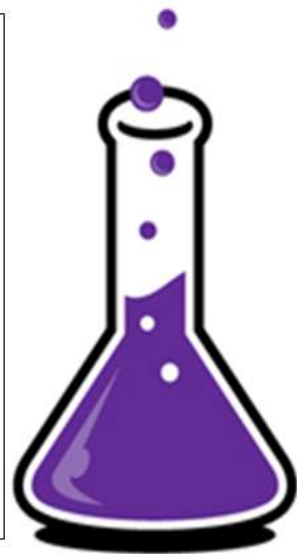
- ~Acid vs. Base
- ~Slime
- ~Chromatography
- ~Making Butter

### BIOLOGY

- ~Edible Cell
- ~Growing Germs
- ~Exploring Eyes
- ~Bugs, Bugs, Bugs

### EARTH SCIENCE/ ASTRONOMY

- ~Volcanoes
- ~Moon Phases
- ~Constellations
- ~Growing Crystals



*TUESDAY --- 3:05 PM TO 4:05 PM*

# CHEER & DANCE COMBO



Students will gain better coordination, flexibility, balance, self-discipline, stage presence and confidence through this class!



This is a FUN Dance & Cheer Combo Class! The girls will learn fun dances that focus on Jazz, Hip Hop, Pom, Ballet, Social Dancing, Rhythm Concepts, and so much more! The other half of the class will be spent on building basic cheerleading abilities, such as cheers, chants, arm angles, crowd encouragement skills and an emphasis will be placed on positive leadership development!

*WEDNESDAY - 3:05 PM TO 3:55 PM  
AND 3:55 PM TO 4:45 PM*

# After School Sports Club

The Sports Club is a great way to become more physically fit, build physical agility, endurance and prepares students for future sports teams! Come join us for some fun co-ed physical activities that will get your heart pumping! Students will be coached on the basic skills by playing sports and games in a positive environment. No one sits on the bench, EVERYONE plays! Our focus is on building skills, enhancing technique, having fun, teamwork, creating healthy habits, and encouraging good sportsmanship.



### First Session:

- Water Games
- Soccer skills
- Football skills
- Dodge ball
- Capture the Flag
- Track & Field
- Team Building Activities
- Relays
- Obstacle Courses
- ...AND MORE!!!



### Second Session:

- Basketball skills
- Kickball
- Wiffle-Ball - T-Ball
- Volleyball skills
- Pickleball
- Crazy Races
- Soccer skills
- Coordination Activities
- Conditioning
- Water Games
- ...AND MORE!!!



*WEDNESDAY - 3:05 PM TO 4:05 PM*

# CHESS

Students will learn to play chess and better their game by learning skills and strategies from our chess coach. Learn to teach chess to their family, build friendships, good sportsmanship, and respect. Chess Club will help the children have a better understanding of individual accountability and delayed gratification.



Come and engage in friendly competitions with fellow classmates, all while strengthening math and critical thinking skills.



*FRIDAY --- 1:00 PM TO 2:00 PM*